

# Chronic Disease Risk Summary Report



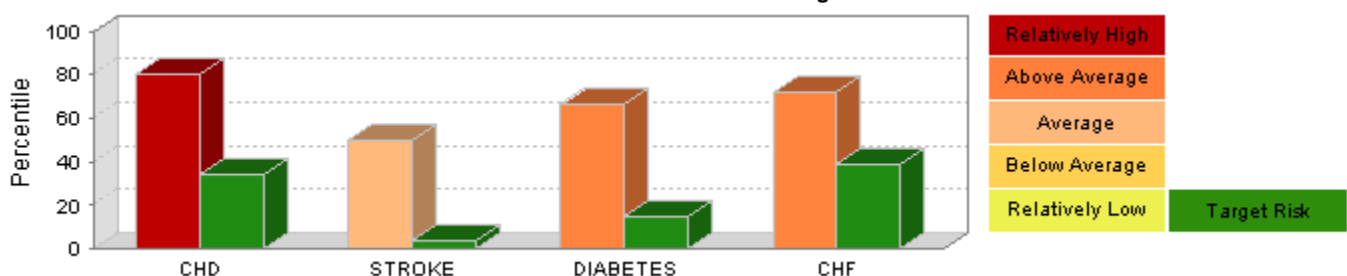
Name:	John Doe	DOB:	01/21/1956
Age:	51	Gender:	Male
Ethnicity:	White	Date:	08/03/2007

	CLINICAL MEASUREMENT	VALUE	REFERENCE
<25 Normal 25-29.9 Overweight 30-34.9 <b>Obesity 1</b> 35-39.9 Obesity 2 >=40 Obesity 3	Body Mass Index (BMI)	31.4	<25 kg/m <sup>2</sup>
	Waist	40	<=40 Inches
	Blood Pressure Systolic	128	<120 mmHg
<100 Normal 100-125 <b>Prediabetes</b> >=126 Diabetes	Blood Pressure Diastolic	90	<80 mmHg
	Fasting Glucose	110	<100 mg/dL
<100 Optimal 100-129 Near Optimal 130-159 Borderline High 160-189 <b>High</b> >=190 Very High	Pulse Rate	80	60-100 bpm
	Total Cholesterol	250	<200 mg/dL
	HDL Cholesterol	40	>=40 mg/dL
	LDL Cholesterol	180	<130 mg/dL
<200 Desirable 200-239 Borderline High >=240 <b>High</b>	Triglycerides	148	<150 mg/dL

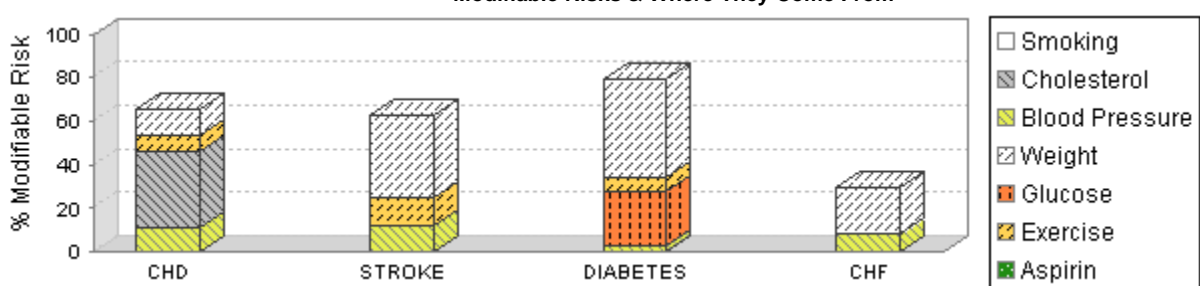
<b>Metabolic Syndrome</b>	No: Waist>40; Triglycerides>=150; HDL Cholesterol<40; <b>Blood Pressure&gt;=130/85; Fasting Glucose&gt;=100</b>
<b>Family History</b>	<a href="#">Premature Coronary Heart Disease</a>
<b>On Medication For</b>	<a href="#">Cholesterol or lipid</a>
<b>Lifestyle Factors</b>	<a href="#">Moderate physical exercise</a> ; <a href="#">Never smoked</a> ; <a href="#">0.286 alcoholic drinks/week</a> ; <a href="#">8 servings red meat/week</a>

Risk	CHD	Stroke	Diabetes	CHF
Current 5-year risk of onset	9.1%	1.7%	6.1%	1.2%
Percent of current risk that is modifiable	65%	62%	79%	29%
Percentile (compared to other 51 year old American men)	80%	50%	66%	72%

Risk Percentile: Current vs. Target



Modifiable Risks & Where They Come From



The impact of changing one risk factor could be higher than shown. Modifying one risk factor is likely to cause changes in others.

This report is not intended to diagnose or to recommend treatment for any disease but to predict the likelihood of occurrence based on established risk factors. Do not undertake any changes to your health (including the use of aspirin) without consulting your physician.

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